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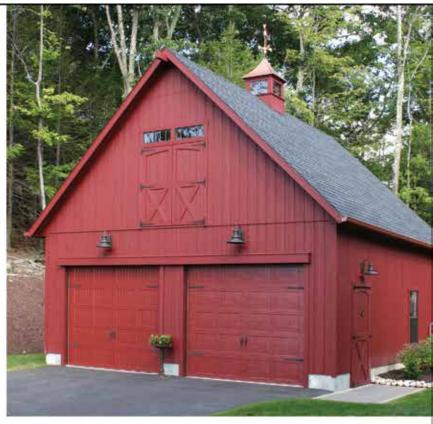
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# First Selectman's Corner

After a long and strident political season, the results of the November 3rd Election Day are mostly finalized. It appears the Biden/Harris team has bested the Trump/Pence team and Joe Courtney was reelected. Locally, State Senator Paul Formica and State Representative Devin Carney won their races. Unofficially, 5,408 voters cast ballots for the President/Vice President out of a total of 5,933 electors, which equates to 91%. There were 2,641 absentee ballots which equates to 44.5% of the total. Other than the Primary vote on August 11th, this was the first election using the Middle School Gym. The Registrars had things very well organized and, except for an unusually large number of in person voters at 6:00 am, the voting went smoothly. Based on this good experience, the Board of Selectmen will likely recommend the Middle School Gym be the official voting location in the future. Thanks to the LOL Public Schools for accommodating us and thanks to the Registrars, the Town Clerk's office, the poll workers and many others for their assistance with all the planning and follow through.

During the quarter, the Town's COVID caseload count increased from 23 to 36. I believe we all have done a very good job adhering to the COVID protocols but we are seeing the fall spike that was predicted. Compounding things, there has consistently been a variance in the count between the Ledge Light Health District ("LLHD") and the CT Department of Health ("DPH"). Recently, it was agreed that LLHD would use the figures published by DPH.

Amazingly, the LOL Public Schools continue to have very low numbers and still have in-person learning for all grades.

On August 27th, the Town submitted a Small Town Economic Assistance Program ("STEAP") grant request in the amount of \$126,000 to the State of CT to help finance the sidewalk upgrade and drainage improvements project along Ferry Rd from



Timothy Griswold First Selectman

the Church Corner to Rte. 156 which has an estimated cost of \$150,000. On November 9th, we were notified by the State that our application was approved - very good news. We shall proceed with the paperwork and plan for construction in the spring.

### **TOWN PROJECT UPDATES**

**Sound View Water & Sewer:** CT Water is nearing the end of its Sound View water improvement project by connecting individual properties to the 8-inch water mains. There will be a small number of property owners who have chosen to stay with their wells and not connect to the CT Water system.

continued on page 5





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Lynne Hardt Kathy Alsop

### **SALES REPRESENTATIVES**

ESSEX • WESTBROOK CLINTON • MADISON

Ward Feirer 914-806-5500 wfeirer@gmail.com

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### **COVER PHOTO**

Rosemary Weber, Amaryllis, Oil 16 x19 On view at the Lyme Art Association, 90 Lyme Street. Hours: Wed-Sun 10-5

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# Selectman's Corner... continued from page 3

The Town and the three private beach associations (Old Lyme Shores, Old Colony & Miami) have worked for months on three documents: The "Agreement" to Join the Cost Sharing Agreement, the "Street" Easement and the "Maratta" Easement. The Agreement details the terms and conditions for the assets they will share (collection pipes, pump station, odor control facility and force main to East Lyme) in conjunction with their individual sewer systems. In addition, the intermunicipal agreements with East Lyme and New London will document the charges for transporting and processing our sewage. The Town's Street Easement grants the three private beach associations the right to use certain town streets and Alley #1 to transport piped sewage to East Lyme. The Maratta Easement allows the Town and the three private beach associations to transport piped sewage under the dirt parking lot behind the Pavilion restaurant/bar. The documents required a lot of negotiation and two had to be signed and notarized by eight people. Despite the logistics, the private beach officials were very cooperative and we all got the job done. There is still a lot to do but we should see work on the shared assets begin next spring.

**Sound View Sidewalks:** The Town's engineering company has nearly completed the design work for the sidewalks on Hartford Ave. (from Bocce La. to Rte. 156) and along the north side of Rte. 156 (from Cross La. to the Police Station.) On October 22nd, the Sound View Sidewalk Committee held a public information session and certified letters were sent to the Hartford Ave. property abutters explaining exactly how the sidewalk will look and what improvements the Town has planned for their individual properties. The project will be put out to bid before year end and, based on the results of the bids, the final scope of the project will be finalized. The start of construction is planned for March with a completion date of Memorial Day. The Committee is aware that the State of CT construction grant of \$400,000 will be insufficient to install the 970 feet of sidewalk on Hartford Ave. and the 1,300 feet of sidewalk on Rte. 156. Based on the bids, the Committee will decide how much of the Rte. 156 part of the project can be done.

Hains Park Restroom Building: The old restroom building was removed on September 17th and Wiese Construction of Norwich, CT started the project on October 4th. The foundation of the new building has been installed and the framing and roof have been completed. The Committee forecasts that the building will be completed by the end of the year.

**Senior Center Building Expansion:** The Lymes' Senior Center Building Committee has been gathering input from users of the Senior Center via a needs assessment questionnaire. The Committee will then develop a general plan for a possible expansion and be able to make a recommendation to the Boards of Selectmen and Finance of the Towns of Lyme and Old Lyme. continued on page 6



# testimonials

"My husband and I can't thank Teri Lewis enough for her tireless support and efforts to help us sell our first home and purchase our next property. On the selling side, she took the time to walk through our home and point out all of the things we needed to polish before listing. This step was a must as Teri sold our home in less than 2 days with multiple, above asking offers! Teri simultaneously worked to find us the perfect house within the area and budget we had been hoping for. (She knows the CT River Valley and Shoreline like no other!) Searching aside, her firm negotiating skills are what we believe really made it happen. The current market posed a lot of challenges for anyone buying or selling a home right now and we are just so grateful to have done it with Teri Lewis. We would recommend her to anyone, over and over again!"

"Teri was absolutely terrific to work with. She navigated us through purchasing our first home in the middle of a global pandemic with kindness, precision, and expertise. Communication is a strong piece of why we enjoyed working with Teri so much. We had many questions throughout this new process and she took the time and care with us that we hoped for. Teri also was incredibly helpful to me as I navigated this process with my husband away from home for military training. She worked with us to make sure both of us felt included despite the distance factor and was incredibly accommodating. She consistently exceeded all of our expectations. We cannot recommend Teri enough!"

"I would recommend Teri Strain Lewis to anyone looking to buy or sell their home. Her personality is positive, honest and engaging. She kept the process moving and on track by being thorough, doing more than was her responsibility and knowing the process for all involved."

"I would recommend Teri Strain Lewis to anyone looking to buy or sell their home."

"Buying a home, especially for the first time, is a bit of a daunting and scary undertaking. Teri understands this and supported and educated me through the entire process. Her advice, kindness, communication between me and the seller all made for a positive outcome in the end. I would hire her again in the blink of an eye."



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# Selectman's Corner... continued from page 5

The Friends of the Lymes' Senior Center has donated \$15,000 to the expansion project and the Towns of Lyme and Old Lyme have jointly budgeted \$15,000.

Mile Creek Road Bridge Replacement: After delays related to the movement of the utility wires in the work area and a three week delay by the bridge decking fabricator, Machnik Brothers Inc. started work on July 13th to replace the bridge over the Black Hall River. On October 9th, our engineer determined that the bridge work was substantially complete and the bridge was opened for traffic. Congratulations to Machnik Brothers for a job well done!

**Grassy Hill Rd. Bridge Replacement:** It was planned that the bridge at the beginning of Grassy Hill Rd. would be replaced next year. However, our engineer said that the required approval from the Army Corps of Engineers will take several months to process and that the actual construction of the replacement bridge will likely not occur until 2022. There will be discussions with the DOT about this delay.

### OTHER LOCAL NEWS IN BRIEF

On October 19th, the Halls Road Improvement Committee presented a proposal to the Board of Selectmen recommending that the Town hire BSC Group of Glastonbury, CT (the same engineering firm that performed the design work in Sound View) to create a Halls Rd. Master Plan. The proposal states; "This plan will provide direction

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for both near-term and long-term changes along Halls Rd. with the goal to create a vibrant, walkable village setting in keeping with the historic character of Old Lyme." The plan would include the future streetscape (sidewalks, pedestrian bridge over the Lt. River, crosswalks and landscaping) along with future building setbacks, density and massing. Cost estimates would be developed so that grant funding could be pursued. The Master Plan would help to evaluate potential zoning regulation changes to encourage mixed use development. The cost of the Master Plan is \$46,500, which is within the budgeted funding of \$48,000. The Board of Selectmen recommended to the Board of Finance the approval of the Committee's proposal in an amount not to exceed \$48,000 and the Board of Finance approved the use of the funds on October 20th.

The Board of Selectmen endorsed the Eagle Scout project of Aidan Russell which is to restore the Scenic Overlook Park on the CT River just north of the Baldwin Bridge to its former glory. Aidan plans to remove overgrown vegetation, refurbish Park signage and install a bench with the goal of attracting more visitors to this wonderful place. Aidan's project will be completed in the spring of 2021.

Last, we welcome the Town's new Visiting Nurse, Denise Piersa. Denise has been with the Visiting Nurse Association for 14 years and succeeds Karen Veselka, who retired recently.

As we count our blessings during these trying times, I hope you all have an enjoyable holiday season and a COVID free new year.

Timothy Griswold, First Selectman



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11 Meeting House Ln, OL List \$1,950,000 SOLD SOLD SOLD



48-2 Cove Rd, Lyme





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SOLD SOLD SOLD



183-3 Joshuatown Rd, Lyme \$890,000

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# **Assessor's Office**

### **UPCOMING DATES:**

**Elderly & Total Disabled:** Applications for the Elderly and Totally Disabled Tax Relief Program begins February 1. In addition to meeting the income levels set by the State of Connecticut, applicants must be permanent residents of Old Lyme, over 65 or meet the classification of totally disabled under the program guidelines. If you feel you may meet the requirements please contact our office for further information.

**Board of Assessment Appeals:** Applications for the Board of Assessment Appeals will be available starting at the end of January. Applications must be filled out and returned the Assessor's Office in its entirety on or before February 20th. The Board will be meeting in the month of March, dates to be determined.

### FOR YOUR INFORMATION:

The Town of Old Lyme's MapGeo GIS is a great resource for property information. Did you know you can search for parcel maps, view summary property record cards and create abutters lists?

Want to know more? Visit www.oldlyme-ct.gov and follow the link GIS MAPPING.

### IS YOUR PROPERTY INFORMATION CORRECT?

Accurate mailing and property information is important. Records may be used by appraisers, lenders, insurance companies, and when selling, mortgaging and insuring your property. Maps & detailed field cards are available through the kiosk in front of the Assessor's Office. Practicing social distancing? We are happy to provide copies of property information via email.

**For Questions?** Please contact us at: 860-434-1605 x 218 or 219 or Assessor@oldlyme-ct.gov

All appointments with the Assessor must be made ahead of time via email or phone.

Melinda R. Kronfeld, CCMA II, Assessor

# **Town Hours & Holiday Schedule**

TOWN HALL WILL BE CLOSED
ON THE FOLLOWING HOLIDAYS IN 2020 AND 2021

Thursday, December 24 - Town Hall Closing at 1:00 pm

Friday, December 25 - Christmas

Thursday, December 31 - Town Hall Closing at 1:00 pm

Friday, January 01, 2021 - for New Year's Day

Monday, January 18, 2021 - Martin Luther King, Jr. Day

Monday, February 15, 2021 - President's Day

Hours for most departments:

Monday through Friday, 9:00 am - 4:00 pm.

# **Streetlights**

# REPORTING STREETLIGHT PROBLEMS

When reporting a street light outage/ problem, please provide exact address, pole number and issue observed. Either phone Michele Hayes at: 860-434-1605, ext. 212 in the Selectman's Office, or report problem directly to the following link: http://tanko lighting.com/oldlymemaintenance/.

The Town of Old Lyme can only repair streetlights that are on town-owned roads. Streetlights that are located on private or association roads should be reported to the association. Thank you!



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# **Sound View Gateway Project**

The Community Connectivity Grant Committee is managing the Sound View Gateway construction grant awarded the Town from the Connecticut Department of Transportation State Local Bridge Program in 2019. The committee advertised and hosted an informational forum for the public on October 22. The project history, the proposed sidewalk design plans and related safety improvements, the project timeline and time for public feedback were part of this presentation. The forum was recorded and is available for viewing through the Town of Old Lyme's Town website under Meeting Recordings and at: https://www.youtube.com/watch?v=lh6BE0UqFrM&t=66s. Additionally,

the project plans are available for public viewing at Town Hall.

The committee plans to complete the sidewalk project on the upper half of Hartford Avenue and as much construction as possible on Shore Rd., within the available construction budget of \$400,000. Additional project enhancements under discussion include funding for the remainder of the Shore Rd. designs, place-making and a transportation hub for the 9-Town Transit bus and bicyclists. These projects which would drive the public to the area and augment safety and public accessibility to the Sound View Gateway.

# **Social Services**

# **HEATING ASSISTANCE**

Applications are currently being accepted for the Connecticut Energy Assistance Program (CEAP), which may help income eligible households in paying for their heating costs during the winter months.

Households are determined eligible based on state income and asset guidelines. We are the intake site for residents of Old Lyme. Applications are then processed through TVCCA.

Old Lyme Social Services maintains an emergency fuel fund for residents who need immediate help or may not qualify for CEAP. We gratefully accept donations to this fund. Checks may be dropped off or mailed to the Town Hall.

For more information, or the schedule an appointment, please contact: Jennifer Datum, Social Services Coordinator at: 860-434-1605, ext. 228 or email: social services@oldlyme-ct.gov.

### **OFFICE HOURS**

Mondays 9:00 am - 1:00 pm, Wednesdays 12:00 - 4:00 pm and Fridays 9:00 am - 1:00 pm or by appointment.





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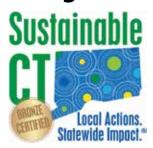
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# Sustainable Practices Recognition



# OLD LYME ACHIEVES RECOGNITION FOR ITS SUSTAINABLE PRACTICES

The Town of Old Lyme was recently awarded Bronze -level certification from Sustainable CT (Sustain ableCT.org,) a statewide

initiative that inspires and supports communities in becoming more efficient, resilient, and inclusive.

Old Lyme met a broad range of sustainability accomplishments to qualify for its certification. The Town's application was submitted by the Board of Selectmen's Sustainable Old Lyme Team, a group initially created in 2018 with Old Lyme residents who have volunteered their time to this process.

In its application for Sustainable CT certification, Old Lyme demonstrated significant achievements in nine sustainable impact areas ranging from a vibrant arts and creative culture to well-stewarded land and resilient planning. Old Lyme successfully completed actions included a detailed Walkability Study and Audit conducted by the Sustainable Old Lyme Team.

Sustainable Connecticut considered nine of Old Lyme's submissions to be "Success Stories," worthy of sharing as best practices with other municipalities seeking certification. These Success Stories included Old Lyme's Effective Community Communications, its Arts & Creative Culture, and its 2010 Plan of Conservation & Development. Also highlighted as Success Stories were Lyme-Old Lyme Public School's commitment to Clean Energy by 2030, and the inclusive process by which Sustainable Old Lyme conducted its Walkability Study.

Importantly, the Sustainable Old Lyme Team is setting priorities to achieve higher levels of certification on behalf of the boards, commissions, Town staff, and volunteers who work to make Old Lyme a resilient and forward-looking Town. The Team hopes to achieve Silver level certification in the next 12 to 18 months, and be ready to take on the challenge to achieve Gold certification once the program announces this level.

At press time, Old Lyme was expected to be recognized along with the other spring and fall 2020 certified communities at the Annual Convention of the Connecticut Conference of Municipalities in December.

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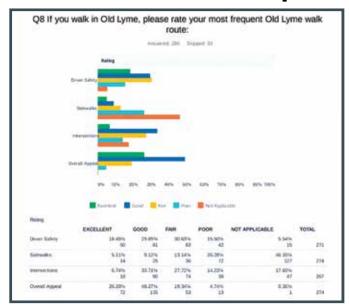


# **Coordination with Environmental & Conservation Groups**

In 2020, the Conservation Commission members agreed to participate in, and support the work of, Old Lyme's Sustainable CT Committee. Appointed by the Board of Selectmen in 2018, with initial goals accomplished in 2019, the OL Sustainable group chose priorities, moved ahead diligently and then provided proper documentation as required by the state-wide Sustainable CT program. The program provides opportunities for municipalities to review and choose projects based on appropriateness for the individual town or city, determine a plan for accomplishing the actions, and to gain points within the program as a measure of success.

The overall aim of Sustainable CT is to foster collaboration and share best practices within the town or city. One example in Old Lyme was designing and creating a survey to understand factors that provide healthy and safe walking and biking, a perfect activity during COVID. Moving ahead, the group seeks to improve conditions so residents and visitors may perambulate safely, visit beaches and town highlights.

The Old Lyme Conservation Commission expects to continue to combine resources with the town's Sustainable Committee. In addition, the Commission coordinates with other town environmental groups to preserve our town's natural resources, open land, and recreational property. The Conservation Commission recently congratulated the Open Space Commission for their steadfast



The Old Lyme Conservation Commission collaborated with the Sustainable Old Lyme Committee to introduce a "Walkability/Bikeability" survey of residents' habits and preferences for safely exercising on the town's streets. This page is the tally of responses to the question of their use of specific neighborhoods.

efforts in acquiring exceptional new Old Lyme open space property. The new purchase of 300 acres of the McCulloch Farm will provide residents with a naturally significant greenway and extension of the town's hiking trails network.



# **Emergency Medical Services: Vitals**

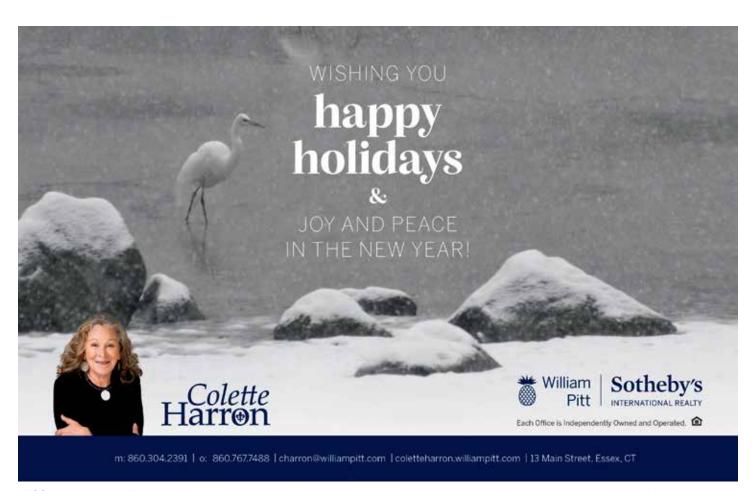
Hello! Your Emergency Medical Services Department hopes that this finds you all well. In addition to our commitment to rapid response and optimum pre-hospital care, we are committed to keeping you healthy and safe. At this time of year, New England offers an opulent setting for the winter months that is memorialized on calendars and postcards—a time for the traditional gatherings of family and friends. One of natures most prominent backdrops to our landscape is, of course, snow. While the latter is beautiful, it is not without its perils. Specifically, snow removal by way of hand-held shoveling is the cause of numerous cardiac episodes and fatalities each year. Here are a few tips to help avoid the aforementioned:

- 1. Consult your physician and inquire if it is prudent for you to shovel snow.
- 2. If your MD/DO advises you not to do so, consult a contractor who will add you to their list of customers for regular snow removal.
- 3. Should your doctor approve you to shovel your own property, treat the effort like an athletic workout. Do some stretching exercises, dress appropriately, take frequent breaks and stay hydrated.
- 4. OLEMS cannot overstate enough that all work should stop immediately if you realize shortness of breath, chest pain or similar discomfort between your shoulder blades. These symptoms require immediate medical attention. Please do not hesitate to call 911.

Shoveling snow is an arduous task. Please STAY SAFE.

Johnny Cody, EMR Old Lyme EMS

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# **Duck River Garden Club Awarded for its Effort**



DRGC and LOLJWC members planting the Cross Lane Wildlife Garden, June 2019.

Duck River Garden Club of Old Lyme has again received multiple awards and recognition from Federated Garden Clubs of Connecticut for its members' efforts to provide horticultural information and enjoyment in our community. This year's awards were presented in a state-wide virtual ceremony in October.

DRGC received the Luckner Youth Award, the top honor for youth education for its collaboration with Lyme-Old Lyme Junior Women's Club to plan and plant the Cross Lane Playground Pollinator and Wildlife Gardens. The beds provide examples of native plants to attract and support natural ecosystems. The club also was recognized for the pollinator garden planted around the flagpole in front of Old Lyme Police Department and efforts to



Don't miss the Native Winterberry, llex verticillata, at Old Lyme Post Office, providing food for the birds and cheerful color for us all this season.

control invasive bindweed in Soundview Beach's raised flower bed, replacing it with colorful annuals. DRGC's annual yearbook for members also received honors. Two DRGC members were recognized for their individual contributions: Linda Clough, Horticultural Award, and Suzanne Thompson, Environmental Concerns. Both have led efforts to educate and inform people about invasive plants and native alternatives and ecosystems.

New programs and presentations are being developed for 2021; the club continues to host virtual presentations

and meetings on Zoom while Covid restrictions are in place. Presentations open to the public will be posted on DRGC's website at: www.oldlymeduckrivergc.org and the club's public Duck River Garden Club of Old Lyme Facebook page. Please check back often for latest information on club programs and activities and how to register for online presentations. DRGC welcomes new members; contact Karen Geisler at: 860-434-5321 or karengr007@gmail.com. Attendance at our virtual programs counts toward the required two meetings for prospective club members.





# **Town Clerk's Office**

Vicki Urbowicz, Town Clerk, | Courtney C. Joy, Assistant Town Clerk

# **Congratulations!**

We congratulate the following on their recent marriages:

### March

Erik Richard Johnson & Diana Marie Deconti

### July

Peter Anthony Rose & Paula Michelle Johnston Jonathan Raymond Cichon & Meghann Jane Nunes Lucas Lawrence Bowman & Alexandra Anne Borsari Gregory Llewellyn McKillop & Emma Sands-Milsom

### August

Nicholas Mark Cirucci & Patrice Danielle Hayes
Nicholas Brewster Sharpe & Alexis Marie Rowe
Francis Kevin King & Syreeta Nicole Brainard
Jason Alan Shames & Bianca Nancy Salkin
Senan Ebrahim & Eliza Michelle Nguyen
Andrew Roy Lockwood, Jr. & Francheessca M. Rider
William Cullen Onstott & Casey Haff Armstrong
Christopher Andrew Fonseca & Ally Maris Landrigan
Usaid Waseem Khan & Madiha Michelle Malik

### September

David M. Plancon & Nancy L. Demay
Benjamin Aloin Stark & Stefanie Leigh Marazzi
Jared Edward Bombaci & Audrey Louise Montanaro
Russell Eliot Gong & Alexandra Diane Smith
Michael P. Carmody & Kalyn Boccaccio Pacelli
George Thomas Reid-Perry & Andrea Paige Rindone
Douglas Oliver Nash & Melissa Dawn Clark
Patrick Cronan Lowe & Lisa Marie Russell
Lawrence William Fazzone, III & Laura Alberino



# With Sympathy

We would like to express our condolences to the families of recently deceased Old Lyme residents:

June

Ned B. Johnson

Rodney Burton Brown Lynn Delaney Smith Jerome Raymond Srogi, Jr.

July

Mary Foley Miles Robert Philip Knauff Daphne Hunter Carolyn Saunders Frances Pudeler August

Phillip Patrick Devine Sheila Anne Dion Nelson F. Bailey Francis Laughlin Wadsworth Ann J. Gordon

## September

Thomas Bump Virginia E. Card Carmen Rita Walther John Francis Vuksinic Dennis James Kerwin Patricia Ann Bugbee Maryann Dorothy Luzzi Richard George Sagan Keith George Campbell Winifred C. Woods

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# **Trash and Recycling**

CURBSIDE TRASH REMOVAL IS PERFORMED BY CWPM, 860-447-1473.

There is no trash pick-up on the following Holidays: Christmas (Dec. 25,) New Year's (Jan. 1,) Memorial Day (last Monday in May,) July 4th, Labor Day (first Monday in Sept.,) and Thanksgiving Day (fourth Thursday in Nov.). Trash normally collected on Thanksgiving is picked up the next day, and Friday's trash will advance to Saturday for pickup. For other holidays, trash pickup moves to the following day. Please be advised that CWPM DOES NOT take off the same holidays as the Town does.

Please have trash container out at curbside by 6:00 am on your assigned day. Containers should be three feet away from any other objects, such as mailboxes, cars, other containers, planters, etc. Please be mindful not to block breakdown/emergency lane with receptacle. Clearly mark your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans. Phone Michele Hayes at: 860-434-1605, ext. 212 with any additional trash removal questions that you may have.

Single stream curbside recycling pick-up is provided for clean bottles, cans, plastics and paper products co-mingled in the green recycling carts every week. Corrugated cardboard boxes need to be flattened for recycling. A complete list of acceptable single stream recyclables is available on the Town's website at: www.oldlyme-ct.gov - click the trash and recycling link on the Selectman's or Public Works pages. Information is also available in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street, and at the Landfill/Transfer Station on Four Mile River Road. Please phone Michele Hayes at: 860-434-1605, ext. 212 with any additional questions you may have.

# CURBSIDE RECYCLING IS PERFORMED EVERY WEEK BY CWPM, 860-447-1473.

There is no recycling pick-up on the following Holidays: Christmas Day (Dec. 25,) New Year's (Jan. 01), Memorial Day (last Monday in May,) July 4th, Labor Day (first Monday in Sept.,) and Thanksgiving Day (fourth Thursday in Nov.). Recycling normally collected on Thanksgiving is picked up the next day, with Friday's pickup advancing to Saturday. For other holidays, recycling pickup moves to the following day with a Saturday pick up added for that week only. Recycling information is available on the Town's website at: www.oldlyme-ct.gov,) as well as in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street, or at the Landfill/Transfer Station on Four Mile River Road. Clearly mark your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans. Phone Michele Hayes at: 860-434-1605, ext. 212 with additional questions you may have.

Additional automated trash and recycling containers should be ordered through Michele Hayes at: 860-434-1605, ext. 212 in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street. Containers cost \$80. Please mark clearly your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans. Homeowners are responsible to replace lost, stolen or broken cans at their expense.

# **Transfer Station Information**

# TRANSFER STATION/LANDFILL HOURS

The Transfer Station is located on Four Mile River Road and is open Tuesday - Friday, 7:30 am - 3:45 pm, Saturday, 8:30 am - 4:00 pm. Closed Sunday and Monday. Taxpayers' vehicles should have a Transfer Station sticker affixed to the right-hand side of windshield. Vehicles without a sticker should bring proof of property address (i.e., tax bill, mortgage statement or closing papers,) along with a driver's license and registration.

### The Transfer Station will be closed on the following Holidays:

Friday, December 25 - Christmas, and Friday, January 01, 2021 for New Year's Day, Monday, January 18, 2021 - Martin Luther King, Jr. Day, Monday, February 15, 2021 - President's Day.

**Bulky Waste and Demolition:** Vehicles will be charged by weight at \$120/ton. Recyclables should not be mixed in the same load with bulky waste or demolition debris. Loads less than 100 lbs. are charged a minimum fee of \$5.

**Brush is charged on a per load basis.** No wood or limbs thicker than four inches are accepted.

**Grass clippings are not allowed at the Transfer Station** because of chemical contamination from pesticides and fertilizers and cannot be deposited in your trash can. Please compost on your property.

Electronics are now accepted at the Transfer Station. Residents can bring the following items to the Transfer Station on Four Mile River Road: computers (personal computers, mainframes, med-range computers, laptops); networking equipment (hubs, switches, control cards, etc.); computer monitors, televisions, printers, keyboards, mice, adaptors, stereos, speakers, VCR's, scanners, fax machines, copiers telephones and telephone systems, computer wire and cable; computer drives and storage devices (floppy drives, CD ROMs, hard drives), power supplies, circuit boards, microwaves, scrap copper (cable, pipe, etc.), scrap aluminum (machine and machine parts, cable extrusions, etc.), fluorescent light bulbs, UPA (uninterrupted power supply) batteries, and related computer and electronic equipment.

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### **HOLIDAY GIVING PROGRAM**

The holiday season is a time for caring and sharing, but can be especially difficult for families facing extreme financial challenges. It is the generosity of individuals and organizations that makes our community a special place. If you would like to help struggling neighbors in our community during the holidays please contact LYSB at: 860-434-7208. Donors can "adopt" a family or make a general contribution toward the program.

# PLAYGROUPS at Lymes' Youth Service Bureau

LYSB offers a variety of playgroups based on child's age and interest. Our winter schedule includes a wide variety of groups for ages 0-5. All LYSB groups follow COVID protocols. For a full description of all our groups and to register visit: www. lysb.org.

### YOUTH ADVISORY COUNCIL (YAC)

Wednesday evenings on Zoom. YAC is a high school community service club that participates in a variety of fun projects and activities throughout the year. All high school students in L/OL are welcome to join us! Just show up, fun is guaranteed! Register at: www.lysb.org.

### MENTORING PROJECT

**Zoning Enforcement** 

Library/Passports

School District #18

**Youth Services Bureau** 

LYSB and the Lyme-Old Lyme Middle School are looking for adult mentors to work with elementary and middle school students on a weekly basis in the school setting. If you are interested in making a difference in the life of a young person, please contact LYSB at: 860-434-7208 to learn more about the mentoring project.

### LYME-OLD LYME PREVENTION COALITION

Our mission is to prevent and reduce alcohol and other drug use among youth by collaborating with the community to raise awareness, modify social norms, educate youth and adults, initiate policy change and promote healthy activities. Our group includes parents, youth, school administrators, police, and community members. Join us at our next meeting on Zoom! Visit us at: www.lolpc.org.

# **Old Lyme - Community Listings**

USEFUL NUMBERS	
CAMP CLAIRE	(860) 434-0368
CONSUMER PROTECTION	(860) 566-2294
LYMES' YOUTH SERVICE BUREAU	(860) 434-7208
SENIOR CENTER	
OLD LYME VISITING NURSE	(860) 434-7808
OLD LYME HISTORICAL SOCIETY	(860) 434-0684
9 TOWN TRANSIT	(860) 510-0429
LYME/OLD LYME JR WOMEN'S CLUB	(860) 501-9773
DEMOCRATIC TOWN COMMITTEE	(860) 434-2271
REPUBLICAN TOWN COMMITTEE	(860) 434-0740
LYME ART ASSOCIATION	(860) 434-7802
VETERANS OF FOREIGN WARS –	
LYMES' POST 1467	(860) 434-4207
AMERICAN LEGION - POST 41	(860) 664-0047
SCHOOLS	
SUPERINTENDENT'S OFFICE DISTRICT 18	(860) 434-7238
MILE CREEK SCHOOL	(860) 434-2209
CENTER SCHOOL	(860) 434-7838
MIDDLE SCHOOL	(860) 434-2568
LYME/OLD LYME HIGH SCHOOL	(860) 434-1651
MULTICULTURAL MAGNET	
(NEW LONDON)	(860) 437-7775
COLLEGES	
LYME ACADEMY COLLEGE OF FINE ARTS	(860) 434-5232

Old Lyme Municipal Departments				
<u>Department</u>	Contact	<u>Phone</u>		
Animal Control	Lynn Philomen	434-1605 x244		
Assessor	Melinda Kronfeld	434-1605 x218		
First Selectmen	Timothy Griswold	434-1605 x211		
Board of Selectmen	Mary Jo Nosal	434-1605 x212		
Board of Selectmen	Chris Kerr	434-1605 x212		
Building Official	Mark Wayland	434-1605 x230		
Emergency Management				
& Fire Marshal	David Roberge	434-1605 x231		
Finance Director	Nicole Stajduhar	434-1605 x232		
Harbormaster	Harry Plaut	434-1605 x212		
Ledge Light Health District		434-1605 x214		
		860-448-4882		
Parks and Recreation	Don Bugbee	434-1605 x235		
Police		434-7080		
Probate Court	Hon. Jeffrey McNamara	739-6052		
Public Works	Ed Adanti	434-1605 x243		
Registrar of Voters	Catherine Carter	434-1605 x226		
	& Marylin Clarke			
Senior Center	Stephanie Lyon Gould	434-1605 x240		
Social Services	Jennifer Datum	434-1605 x228		
Tax Collection	Judith Tooker	434-1605 x216		
Town Clerk	Vicki Urbowicz	434-1605 x220		
Treasurer	Michael Reiter	434-1605 x232		

OTHER AGENCIES
Katie Huffman, Director

Mary Seidner, Director

Superintendent of Schools

OLD LYME TOWN HALL • 860-434-1605 www.oldlyme-ct.gov

434-1605 x225

434-1684 434-7238

434-7208

# Parenting Challenges: Wants vs. Needs

While we can agree that many things have become "harder" during this pandemic, we probably would all agree on one thing that was hard pre-pandemic, too: parenting!

Our instincts as parents often tell us, "I need to make my child feel better!" or "It's my job to fix this problem!" But does our instinct always end up matching our goal? While as parents,

we always hope and intend to make our children 'feel better,' we also must remember our goal: to make sure our children feel understood and are able to understand themselves.

Other goals of parenting, with some variation of course, will look like providing and reinforcing consistent, firm, and loving boundaries. Why? This fosters and creates a sense of safety & trust

within a secure environment. We can strive to always understand their wants, but not let that become a replacement for their needs. Parenting guidance and support is available, as well as child counseling, to support healthy communication dynamics within the parent-child relationship.

Kristin Kiczuk, LCSW East Lyme Psychological Associates

# Lyme Tree - Woman's Exchange

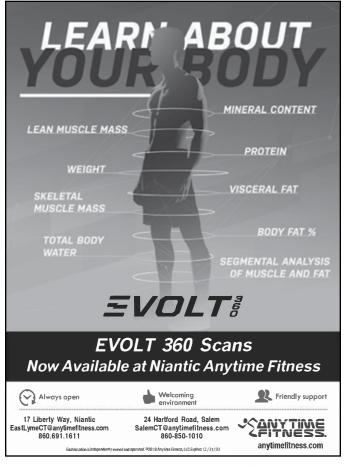


Hope you are all in good spirits and in good health. The Lyme Tree - Woman's Exchange is open for business Wednesday through Saturday 10:00 am to 5:00 pm.

Be sure to stop in and one of our friendly and helpful volunteers would be happy to assist you in anyway they can. We have a great selection of children's clothing and toys, etc, most of which are hand made or handcrafted. We carry See's Candy so be sure to get your supply of chocolates to satisfy that sweet tooth. Also, there are many unique and unusual artisan gifts available. The best way to see them is to come and see for yourselves. Hope to see you soon.

Fingers & toes crossed this pandemic ends soon. Lyme Tree - Woman's Exchange







# **Lymes' Senior Center**

Membership is now open to seniors 55 Years Young & Better 26 Town Woods Road, Old Lyme

We are now on Facebook listed as Lymes Senior Center. Follow and like us to keep up to date on upcoming events!

Please call 860-434-4127 or email us at: seniorcenter@oldlyme-ct.gov to register for our programs or for more information on becoming a member..

# Upcoming Virtual Classes - To Sign Up email: seniorcenter@oldlyme-ct.gov

MUST BE A MEMBER TO SIGN UP - ALL CLASSES MEET ONCE A WEEK

CLASS	DATE OF FIRST CLASS & TIME / DURATION	COST
Sit n Be Fit (TUES)	Drop in & ongoing at 10:00 am	FREE
Tap Class (WED)	Ongoing at 11:00 am on Wednesdays	FREE
Slow and Steady Yoga (MON)	January 4th 9:00 - 10:15 am / 9 Week Session	\$45.00
Country Line Dancing (MON)	January 4th at 2:15 pm / 6 Week Session	FREE
Chair Yoga for Pain (WED)	January 6th 9:00 - 10:15 am / 8 Week Session	\$40.00
Slow and Steady Yoga (FRI)	January 8th 9:00 - 10:15 am / 9 Week Session	\$45.00

# UPCOMING AMERICAN HISTORY LECTURE SERIES with Jared Day, PHD

Driving 'Destiny': James Polk, the Mexican American War and Westward Expansion:

Part 2 Friday, Dec. 4th at 2:00 pm FREE

Driving 'Destiny': James Polk, the Mexican American War and Westward Expansion:

Part 3 Friday, January 8th at 2:00 pm FREE

The Boiling Republic: The Coming of the Civil War,

Part 1 Friday, February 5th at 1:00 pm FREE

The Boiling Republic: The Coming of the Civil War,

Part 2 Friday, March 5th at 2:00 pm FREE

# UPCOMING CURRENT EVENTS LECTURE SERIES with Jared Day, PHD

Urban Housing Issues: Past and Present	Friday, Dec 18th at 2:00 pm	FREE
America and Korea	Friday, January 22nd at 2:00 pm	FREE
Education in International Perspective Part. 2	Friday, February 19th at 2:00 pm	FREE
Energy Issues in America in the 21st Century	Friday, March 19th at 1:00 pm	FREE

\*65 Additional Free Virtual Programs / Lectures / Classes are offered monthly to our members through a Connecticut Senior Center Exchange. For more information on participating in these please email us at: seniorcenter@oldlyme-ct.gov.

# Old Lyme Visiting Nurse Association, Inc.



The Old Lyme Visiting Nurse Association had another busy quarter. In August, we welcomed Denise Piersa as our

new Town Nurse. We maintained our COVID-19 policy of relying on phone calls for most communication, since this was the safest approach for patients. As the summer progressed, we were glad to see the number of phone calls to the Town Nurse office heading up.

As the guidelines for social distance have become more clear, Nurse Piersa has been able to coordinate more professional services and make more home visits to those who are shut in. She's also been able to open for drive-through blood pressure and wellness checks at the Lymes' Senior Center on weekdays from noon to 1, but it's best to call ahead of time. The number is: 860-434-7808.

Our mask distribution program has also continued. Nurse Piersa's first day on the job coincided with our August 11 Face Mask Distribution at the Presidential Primaries. We gave out additional masks at the August 20 Lyme Old Lyme High School Back to School Drive-Through and at the August 21 Senior Center Fiesta Parade which welcomed Nurse Piersa.

On October 10, 2020 we held our first Drive-Through Flu Clinic at Lyme-Old Lyme High School. This event was a great success due to the expert work of Ledge Light Health District, the Medical Reserve Corps and Old Lyme Emergncy Management. By late morning we had administered 350 vaccines as well as additional masks to those who requested them.

The Old Lyme Visiting Nurse Association is always looking for volunteers, especially those who are comfortable with hands-on community health efforts. Our Board of Directors meets at 1:00 pm on the second Monday of each month, except in the summer. These days we're meeting on zoom. We also rely heavily on Associates who help out with projects that interest them. We're interested in hearing from anyone who has suggestions about how we can best help those in need. Anyone interested should contact Cindi Taylor at: 860-434-1222 or oldlymevna@gmail.com.

Stay healthy everyone!

# **Old Lyme Town Band**



RICHARD CHIAPPETTA
- Our Next Band Director
The Old Lyme Town Band takes
great pleasure in welcoming Richard
Chiappetta as our next band director.

Although Richard is now retired he held teaching positions in Connecticut public schools for 41 years. Not only is his knowledge of the band repertoire rock solid but he also brings us arranging skills. In addition to teaching, he has been on the music scene for years as a professional percussionist. He still free-lances and teaches percussion and has been a long-time member of the Waterford band.

Besides his substantial music credentials, he brings to the band tremendous enthusiasm, a sense of humor and a commitment to help us be the best we can be.



### JOIN THE OLD LYME TOWN BAND

Pull those musical instruments out of those cases and join the Old Lyme Town Band. We welcome from any town all ages from Jr. High to Seniors with all ability levels. No tryouts necessary. Our practices are held on Mondays from 7:00 - 9:00 pm at Christ the King Church in Old Lyme. We have not been able to meet since March because of Covid but are going to be given pieces of music to practice while we wait until it is safe to do so. For more information contact Pat Harris at: 860-434-4603 or: pat2lab@comcast.net. It is a great group and we would love to have you join us.



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The Library continues to fulfill its mission to inspire lifelong learning and discovery in a welcoming place with exceptional resources, programs, and services. From developing fun, interactive storytimes for babies and toddlers to hand-delivering novels to homebound patrons, the Library continues to provide opportunities for residents of all ages to learn and grow.

# **OLD LYME LIBRARY**

# **Services Update**

At the time of publication, the Library is offering in-person service by appointment along with curbside pick-up, special take-andmake activities, and a variety of online programs and services.

We're pleased to continue offering a variety of virtual events and activities this winter.

Details can be found below, but please visit our website for the most up-to-date details.

# **Children's Events**

### PHOEBE'S KIDS VIRTUAL STORYTIMES

Listen to stories and pick up a related craft activity curbside at your convenience. New stories and activity kits added each week. Visit phoebeskids.wordpress.com/hello-phoebes-kids-families/

# WALK A MILE IN MY SHOES - A Social Justice Book Club

Books can be windows into the lives of those who strive to make the world a better place. Check out a social justice book kit! Visit phoebeskids.wordpress.com/social-justice-book-club/.

### **HEALTHY HABITS YOGA FOR KIDS**

### (Virtual, Registration Required) Tuesday, January 12

Let's start the New Year with the positive, calming energy of yoga! We'll try out some poses, do some breathing, practice some positive affirmations and set some intentions for 2021!

# TAKE YOUR CHILD TO THE LIBRARY DAY - Virtually! Tuesday, February 2

Take Your Child to the Library Day (TYCLD) is an international initiative that encourages families everywhere to take their children to their local library. Visit us at: phoebeskids.wordpress.com/tycld/





# HAPPY BIRTHDAY PHOEBE! (Virtual, Registration Required) Thursday, February 18, 11:00 - 11:30 am.

Let's honor our library's namesake, Phoebe Griffin Noyes, with a fun-filled musical celebration brought to us by Matt Heaton.

# LET'S GET GREEN! (Registration Required) Wednesday, March 17

St. Patrick's Day celebrates all things green! Let's welcome spring and the start of the growing season by sowing our own little patch of greenery. Pick up a seed packet, pot and supplies to start your own planting.

# **Teen & Tween Events**

Follow us on instagram to stay in the loop! @olpgn\_library

### INTERESTED IN VOLUNTEERING?

We are still working with high school volunteers on special projects. This quarter we are engaged in a food-centered mutual aid project, have plans for a mural for the new Young Adult space, and can use extra hands and voices for other work as well! Call or email Nike at: ndesis@oldlymelibrary.org or call: 860-434-1684 to introduce yourself.

### TAKE-HOME KITS

• **Pet Portraits:** Photo Transfers on Coasters available beginning **Dec. 5** 

- Ugly Sweater Contest, Mask edition available beginning Dec. 7
- Make a Zine, Be an Instant Author available beginning Jan. 5
- Valentine's Card for Elders in our Community available beginning Jan. 25
- Dinner, Dessert, and a Movie! available beginning Mar. 15

### VIRTUAL GATHERINGS

### Lit Fuse

### Tuesday, Jan. 12, 5:30 - 6:30 pm

Lit Fuse is a reading club for teens (aged 14-19) interested in justice and equity movements. To find out more or to get involved, call/email Nike, your Young Adult Librarian, or message the library on instagram @olpgn\_library.

# Black History Through Graphic Novels Throughout Feb. & Tuesday, Feb. 23, 5:30 - 6:30 pm

Learn about Black History through our collection of graphic novels. To choose a book, make an appointment to visit the library where you'll find a display. Or, for curbside pick-up, browse virtually on our "highlights" on instagram, or call Nike for a personal recommendation. Then, join other readers over Zoom to chat about the book(s).

**Designing to Share:** Making Graphics About Stuff You Care About **Date TBD** 

continued on page 24



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# Phoebe Griffin Noyes Library... continued from page 23

How do the helpful, informative, inspiring graphics you see on social media get made? Learn how to get started from two local and accomplished designers and content creators.

# Makers Gunna Make: A Maker Meet-up Thursday, Mar. 11, 5:30 - 6:30 pm

As a follow-up to the program "Designing to Share" we invite all teens and tweens to share any graphic design, or merch, or craft, or art they are working on (or want to work on) - no matter the medium.

# **Adult Events**

All events are virtual and require registration. Visit oldlymelibrary.org for details.

- Mindfulness Workshop: Explore the Benefits of Meditation with Dr. Julie Liefield
   Tuesday, Jan. 5, & Wednesday, Jan. 20, 6:30 pm
- Phoebe's Morning Book Chat Thursday, Jan. 14, 11:00 am
- Contemporary Classics Book Discussion with Marsha Bansavage Monday, Feb. 1, 7:00 pm
- Off The Rails: CT's Transportation Future Post-COVID

with Jim Cameron founder of the Commuter Action Group Wednesday, Feb. 10, 6:30 pm

• Phoebe's Morning Book Chat Thursday, Feb. 11, 11:00 am

• Contemporary Classics Book Discussion

with Marsha Bansavage Monday, Mar. 1, 7:00 pm

- Your Carbon Footprint, with Alan Poirier | co-sponsored by Sustainable Old Lyme Wednesday, Mar. 10, 6:30 pm
- Phoebe's Morning Book Chat

Thursday, Mar. 11, 11:00 am

Renewable Energy with Bill Mc

 Renewable Energy with Bill McNamara of EcoEnergy LLC | co-sponsored by Sustainable Old Lyme Tuesday, Mar. 23, 6:30 pm

# Phoebe's BookCellar

The BookCellar is a highly successful used book store - Old Lyme's only bookstore - managed by the volunteer Friends of the Library.

At the time of publication, The BookCellar crew is open for walk-in shopping and donation drop-offs on Wednesdays 12:00 - 4:00 pm and Saturdays 9:00 am - 1:00 pm.

# **Lyme Public Library**

Here are the upcoming program submissions from the Lyme Public Library for December 3, 2020 through March 15, 2021. If you need additional information please contact Deb Giaconia at: giaconiajw@comcast.net or 860-304-3715. Thank you. Please email the library at: programreg@lymepl.org to register for events.

# Thursday, December 3 at 7:00 pm THE FISHER IN CONNECTICUT

(Zoom Presentation Sponsored by the Lyme Public Library and the Lyme Land Trust)

Paul Colburn is a 2015 graduate of the Master Wildlife Conservationist Program and a certified Master Wildlife Conservationist. He will present an overview of the fisher habitat, diet, behavior, reproduction, as well as current research efforts to study this elusive creature.

# Thursday, December 10 at 7:00 pm DESIGN & CREATE A HOLIDAY KISSING BALL

(Zoom Presentation Sponsored by the Lyme Public Library)
Nancy Ballek of Ballek's Garden Center will help you plan and design your own holiday Kissing Ball with a provided selection of greens, ribbons and decorations. All participants will complete a beautiful 8-inch Kissing Ball. Pick up your workshop materials at the Lyme Public Library from 10:00 am - 12:00 pm on December 9 or 10. Materials fee: \$15.

Saturday, December 12 at 2:00 pm MULTICULTURAL BOOK READINGS & DISCUSSION

### **AUTHOR FOCUS: JACQUELINE WOODSON**

(Zoom Presentation Sponsored by the Lyme Public Library)
Led by two exemplary New London teachers, May Reitz and Carol
Wheeler-Flood, we will explore themes of cultural barriers, differences and finding the courage to connect through Jacqueline
Woodson's books, The Other Side and The Day You Begin.

# Thursday, January 14 at 7:00 pm CLIMATE CHANGE & YOU

(Zoom Presentation Sponsored by the Lyme Public Library)
Patricia Sisson, a member of the Climate Reality Leadership Corps, will cover a broad range of environmental issues that relate to global warming. She will address some of the many specific threats posed by climate change, societal approaches for dealing with them, and highlight the most powerful actions that individuals can take to help solve this truly existential crisis.

# Saturday, January 23 at 2:00 pm RAPTORS OF CONNECTICUT

(Zoom Presentation Sponsored by the Lyme Public Library and the Lyme Land Trust)

Joe Attwater, a teacher-naturalist who leads many of the bird-

related educational programs for the CT Audubon Society, will teach participants which species can be seen in Connecticut, how to identify them as well as what makes these birds such incredible hunters.

# Saturday, February 6 at 2:00 pm VALENTINE'S DAY WORKSHOP

(Zoom Presentation Sponsored by the Lyme Public Library) Workshop information will be forthcoming. Please check the Lyme Public Library Website at: www.lymepl.org for updated information. There will be a materials fee.

# Saturday, February 27 at 2:00 pm ECO-SAFARI OF THE CONNECTICUT WATERSHED

(Zoom Presentation Sponsored by the Lyme Public Library) The Connecticut River is recognized as one of the most ecologically and culturally important rivers on the East Coast. In this interactive webinar, conservation biologist Jim Arrigoni will take you on a virtual tour of the watershed, highlighting the flora and fauna and unique aspects of its natural and human history.

# Saturday, March 6 at 2:00 pm ANIMAL TRACKING

(Zoom Presentation Sponsored by the Lyme Public Library and the Lyme Land Trust)

Animal tracks tell the stories of the wild and winter snow and mud provide ideal conditions for spotting tracks. Learn to identify the tracks of local wildlife and how to interpret the stories they tell. In addition, meet an owl who leaves telltale tracks behind from a hunt! Presentation by the Denison Pequotsepos Nature Center in Mystic.

# Thursday, March 11 at 5:00 pm ASIAN FUSION WITH CHEF JAMES MARTELL

(Zoom Presentation Sponsored by the Lyme Public Library) Check this out! James Martell the Head Chef at On the Rocks Restaurant at the Fox Hopyard Golf Club in East Haddam will be cooking for you online! He will demonstrate how to prepare an Asian Fusion dinner as well as the mocktails and cocktails to complement the dish.



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# **Old Lyme Historical Society**

55 Lyme Street | P.O. Box 352 | Old Lyme, CT 06371 860-434-0684 | www.olhsi.org



55 Lyme Street Drawing by Edie Twining Design.

Located in the former Grange Hall at 55 Lyme Street, OLHSI is an all-volunteer organization dedicated to researching, preserving, and sharing the history of Old Lyme.

To some parts of the mind, three months can begin to seem like "always." We are fast approaching threetimes-three months of lockdown in its various stages.

A hoped-for end may be in sight—perhaps next spring or summer?—but its contours remain vague.

In the meantime, we continue to experiment with new and old ways to keep alive the community spirit that has long sustained the Connecticut shoreline. We adapt, as we always have done.



Three dollars, Continental currency, courtesy Museum of the American Revolution.

Our lecture series has moved from the cozy lecture hall at 55 Lyme Street to the online Zoom platform. One unexpected benefit is the participation of viewers and presenters from across the state and New England.

There are many ways to help people connect despite re strictions. Our latest effort is a series of quests—self-guided

treasure hunts of historic sites and artifacts around Old Lyme. A quest is a perfect excuse for you and your Covid 'bubble' crew to go exploring outside the lockdown cave. It's fun for history buffs of all ages. The modest entry fee supports the Society's Carol Noyes Winters Scholarship Fund for Lyme-Old Lyme students going on to study history in college.

Our annual holiday book sale takes place by the Old Lyme Post Office on Halls Road the first three Saturdays in December (the 5th, 12th, and 19th). Books on local history (including the new Hidden History of Old Lyme, Lyme & East Lyme), our Then and Now Calendar for 2021, and other gift items will be on sale to support the Old Lyme Historical Society. We now accept credit cards. As always, we also accept Continental currency at full face value! (Change in Federal Reserve Notes and Federal coinage only.)

For details on lectures, quests, and other happenings of the Old Lyme Historical Society, please see our website. Be well!

Old Lyme Historical Society, Inc. 55 Lyme St., P.O. Box 352, Old Lyme, CT 06371 860-434-0684 | http://www.olhsi.org





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# **Ready or Not the Holidays are Almost Here!**

Typically these articles are on wine but in the previous year people have been generally experimenting with many different alcoholic beverages other than wine; from micro brew beers to tequila, bourbons, vodkas, gin, rum and other liquors on the rocks, or making all kinds of unusual cocktails.

Perhaps... this would be a great choice for a gift this holiday season!

It is amazing to realize that all of our alcoholic delights are derived from plants, berries, and grapes. Much of everything that is grown from our fine earth soils.

**Vodka...** being one of the most versatile spirts for making cocktails, could be made from wheat, rye, corn or a combination of these.

**Gin...** is made up from at least 51% Juniper berries which gives it its unique flavor, also then blended with botanicals. Each producer determines the formula on how many botanicals and how much they blend into the gin, which drastically determines the taste of that particular gin.

**Tequila...** usually made from the Agave plant from the town of Tequila in Mexico. It takes roughly 11 lbs of agave to make a bottle of tequila.

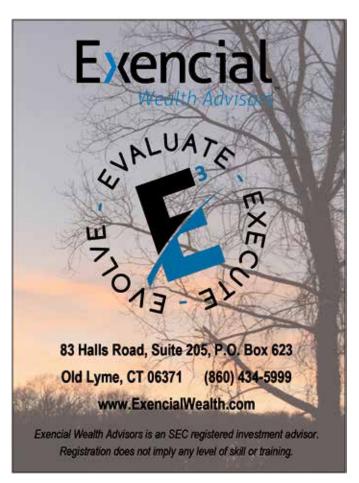
**Bourbons...** by regulations needs to be made from at least 51% corn and then it is blended with wheat or rye.

Scotch... a second brown spirit, scotch is produced from many different grains. Like wines, scotch can partake different flavors based on the type of soil where the grains come from in Scotland. Scotch from the highlands can be rich and smooth, where the contrast of scotch made in Islay is typically smoky and peaty. These are a couple of examples of single malt scotches. Another type of scotch is blended scotch. A couple examples are Johnnie Walker and Dewars which are usually a little less expensive than other version of blended scotch which are blended together from anywhere in Scotland.

**Rum...** served warm or cold depending on the drink recipe. Rum is made from sugar cane which give it a slightly sweeter taste than the other brown spirits.

**Brandy...** produced from grapes; but of course distilled like the other spirits which give it a much higher alcohol content than that of wine (40% alcohol or 80 proof). Many spirits can reach 45 to 50 and higher percentages of alcohol.

**Cordials...** another category of spirits including items like Baileys,





an Irish cream liqueur, and Five Farms which is a premium Irish cream. Grand Marnier, Cointreau are both orange liqueurs. Kahlua is a coffee liqueur... Just to mention a few. These and many others make great cocktails or stand alone quite nicely.

Just few examples, of spirits to enjoy and tantalize your palate through the holidays or gift giving ideas! Happy Holidays!

Art LiPuma, Manager, Seaside Wine & Spirits

# **Rogers Lake Authority News**

SWCA Environmental Consultants completed a Rogers Lake 2020 Invasive Aquatic Plant survey and report this past summer. The report compared data collected during this study and data collected in 2014 and 2018. "In general, we have observed a dramatic reduction in invasive species throughout Rogers Lake between 2014 and 2020. Because of the reduced distribution, SWCA is suggestion that future management may only require hand-pulling of invasive aquatic species." An herbicide treatment was not done this past summer.

Did you know that raking your leaves and other lawn debris into the lake can held lead to green water and algae blooms next summer? So when someone rakes or dumps lawn debris into the lake they are adding unwanted nutrients to the water. They might as well be putting fertilizer in the water! Instead create a compost pile and use these nutrients in your garden.

Connecticut State law 12-155 prohibits the use of a fertilizer containing phosphorous less than 20 feet from any body of water. A \$500 fine is imposed on violators. If you have questions on the phosphorus legislation or soil testing, call the UConn Home & Garden Education Center at 877-486-6271.

Rogers Lake has seen a major increase in the boating activity on the lake this past summer. Unsafe activity has become a serious safety issue on the lake this year. DEEP has indicated that they will they will assist the Rogers Lake Authority in enforcing the Connecticut Safe Boating laws. Be sure to obtain your free 2021 Connecticut Boater's Guide Rules and Resources booklet from your local marine supply store in the spring.

The Rogers Lake Authority is asking for your assistance in reporting unsafe activity occurring on Rogers Lake anytime of the year. To report any unsafe activities, please use the form that is available on the Rogers Lake Authority website at https://www.old-lyme-ct.gov/rogers-lake-authority. Click on "Report Boating Violation." For situations that require immediate action dial 911. Thank you for your assistance. continued on page 30





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# Roger's Lake... continued from page 29

# DO NOT FEED THE WATERFOWL

The Connecticut Department of Environmental Protection indicates waterfowl are wild birds that can locate natural food sources throughout the year. Supplemental feeding by people is unnecessary and can lead to malnutrition and disease transmission.

# **Open Space Commission**

Old Lyme made a commitment to open space over 50 years ago, as the town's Plan of Development then stated "considerable areas of land should become public open space, including all the wetland as well as extensive areas of rugged land in the interior."

Today, approximately 20% of the total acreage in Old Lyme is protected. The Town, through its Open Space Commission, the Old Lyme Land Trust and The Nature Conservancy together have conserved about 15% of the town's land, with the state and federal governments holding the remaining 5%.

Our protected land total is close to the State of Connecticut's "Green Plan" goal of conserving 21% of Connecticut's land base as open space by year 2023, per state

As part of its mission, the Old Lyme Open Space Commission adopted a 2020 "Open Space Plan." The document may be found on the town's web site at: https://www.old lyme-ct.gov/sites/g/files/vyhlif3616/f/uploads/2020\_open\_space\_plan.pdf.

### WHY SHOULD THE TOWN INVEST IN OPEN SPACE?

# Among the many reasons, open space:

- · preserves our forests, meadows, and wetlands.
- · in so doing, mitigates climate change,
- protects our water quality,
- provides wildlife habitat,
- offers valued active and passive recreation opportunities, and
- has a positive economic impact, keeping the town attractive.

Readers can find more information on each factor, with research and educational links, within the plan's text. Goals for managing town open space for public and ecological benefit are also included.

In the plan introduction, the Open Space Commission states its belief that "the benefits of land conservation, including time in nature and mitigation of climate change, should be shared by everyone. While the plan advocates for conservation, [we] strongly support diversity, equity, justice and inclusion. Preservation of land should ... improve the lives of all."



Champlain South Open Space trail.

# **Home Holiday Decorating Contest**



The Old Lyme Kindness Committee is holding a Home Holiday Decorating Contest for Old Lyme residents as a way to spread cheer and joy in a socially-distanced manner. Old Lyme residents are invited to participate by decorating the outside of their homes, following the directions below.

A list of all participating homes will be maintained on the Town website so that the public can drive by and enjoy the decorations. You are welcome to decorate for whatever holiday you celebrate!

### TO ENTER THE CONTEST:

To participate in the contest, please email selectmansoffice @oldlyme-ct.gov and provide your street address. We will keep a list of all participating homes on the Town website so that people can check out all of the displays.

You must have registered by December 11th and have your decorations up by that date to be included.

### **VOTING:**

Voting will be held online from December 16th - December 30th. The top 3 winners will be announced shortly after voting ends.

### PRIZES:

A huge thank you to The Hangry Goose, The Chocolate Shell, and The Bowerbird for each donating a \$20 gift certificate. The first place winner will get to pick which gift certificate they would like, the second place winner will follow suit, and the third place winner will receive the remaining gift certificate.

We encourage participants to have fun and look forward to driving around to check out the displays.

# VISIT Old Lyme! www.oldlyme-ct.gov





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# **Lyme Art Association**

90 Lyme Street, Old Lyme, CT 860-434-7802

### WINTER EXHIBITIONS

The Lyme Art Association is taking important precautions to keep our staff and visitors safe during the COVID-19 outbreak. Visitors are welcomed during our normal gallery hours, 10:00 am - 5:00 pm, Wednesday through Sunday, without appointment, but must wear a mask and maintain a 6-foot distance from other visitor groups and from staff. We are grateful to have our spacious, beautiful gallery, which allows for safe enjoyment of art.

The gallery wraps up this unusual year

with our traditional Deck the Walls exhibit, on view from November 27 through January 3, 2021. While there will be no opening reception, we invite everyone to come in over the holiday season to enjoy this juried show of members work in all media and genre. In this exhibit, pieces are generally smaller and priced for gift giving, and represent a wide range of subject matter and styles.

From January 15 - March 11, the Association presents First Impressions, the Associate Artists exhibit. Associate Artist members include accomplished amateurs as well as professional artists who are relatively new to the Association. A wide range of high-quality work is included in this juried exhibition. Congratulations, the New Elected Artists exhibit, will run concurrently in the Goodman Gallery. This year, Jacqueline Jones, Michael Centrella, Len Swec, and Susan Termyn are welcomed into the ranks of Elected Artists.

# The Lyme Art Association is open

Wednesday through Sunday from 10:00 am - 5:00 pm, and by appointment, and is located at: 90 Lyme Street in Old Lyme, at the corner of Halls Road. For information on these events or on classes or workshops, please call 860-434-7802 or visit us at: LymeArtAssociation.org.



Top row, from left to right: Allan Forrest Small, Three Urns, watercolor; Betsy Barry, Foxglove, colored pencil: Earl Greenville Killeen, Trike Remains, watercolor.











Middle row, left to right: Mayra Cochran, Twilight at Griswold Point, oil; and Carol Frieswick, Glow of Hope, oil.







Weymann, Calla Pamela Carlson, Vast, acrylic; and

# **Kindness Award Recipients**

Mid-year, the Old Lyme Kindness Committee began giving out kindness awards to individuals who have positively influenced the community.



In April, the award was presented to Karen Veselka, RN, left, who received this recognition for her dedication to caring compassionately for town residents in her role as the Old Lyme Town Nurse.

"I am so honored to receive this award," Veselka said. "I truly love my job and helping our residents."

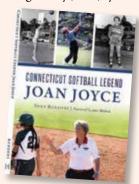


In August, Teddy Anastasiou, left, owner of Teddy's Old Lyme Pizza Palace, was presented with an award for his generosity in providing free meals to residents in need during the 2020 COVID-19 pandemic.

"We have been here 40 years, our kids went to school here, I coached soccer here, and I have an appreciation for what the customers do for us, so we have to give back," said Anastasiou. continued on page 34

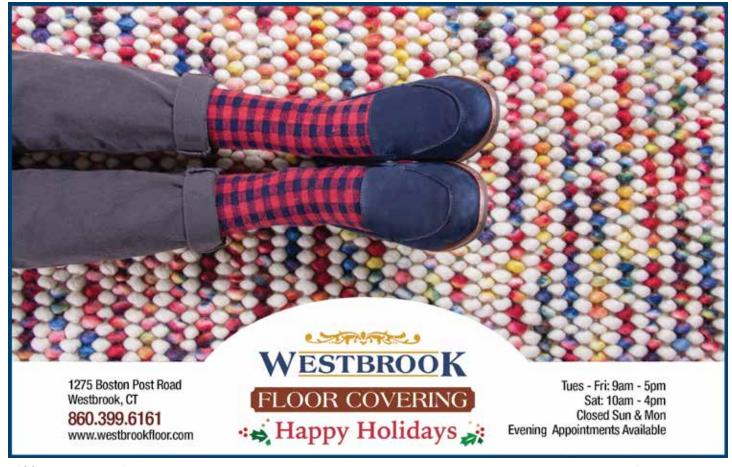
# Read About the Connecticut Native many consider the Greatest Female Athlete in Sports History!

"Connecticut Softball Legend Joan Joyce" by Tony Renzoni traces the life and career of the legendary Joan Joyce.



The book is available at Amazon and Barnes & Noble.

Signed copies can be found locally at: RJ Julia Bookstore (Madison); Griswold Inn's "Goods and Curiosities" store (Essex), and Seaside Homes and Gifts (Branford).







# Kindness Awards... continued from page 33

In September, the committee selected Stephanie Gould, left, Director of the Lymes' Senior Center, as their Kindness Award recipient.

Gould was chosen for her leadership of the senior community during the COVID-19 pandemic. She developed creative and innovative ways to continue programs and events, including holding a drive-through parade so that seniors could safely come out and say Hello.

"I feel that during this time especially, we need to keep their spirits up," said Gould. "They have always given so much of their time to us. I feel that we need to give back to them by keeping them active, connected, mentally stimulated, entertained and feeling relevant. The seniors in town are not only members of our community, but also friends."

In October, the committee selected a community member who has been going out of her way to spread smiles in town: Christina Denison. Denison, bottom left, a resident who lives on Lyme Street, has a letter-sized plexiglass frame on the stonewall in front of her house which she uses every single day to display a new joke.

For the month of October her jokes were Halloween-themed, in November they were Thanksgiving-themed.

When asked what her motivation to begin the joke of the day was, she said, "Because of the pandemic I'm home and I thought people might like a little humor during this difficult time."

If you would like to nominate someone for a kindness award, please visit oldlyme-ct.gov/kindness-committee.

Note: some of the information in this article first appeared on the LymeLine.com.





# **Beware of Scams...**

Scams keep popping up all the time. They've become more insidious – and easy to fall for. Please take note of just a few.

### **COVID-19 SCAM**

Over the last few months, you have heard about contact tracing in regards to COVID-19. Contact tracing is a program that tracks the people who have been in close proximity to an infected person once that person has been diagnosed with COVID-19. The Contact Tracer then tracks down those people who are at risk of infection and explains that they may have been exposed. They work to help those people get tested and isolate for a set quarantine period to limit further exposure to the community. There is no fee for this program. Recently, scammers have figured out that they can pose as contact tracers and call you to inform you of a fake exposure. The fake scammers will run through a series of questions in order to sound authentic. They then request a credit card or debit card number for the \$50 testing fee. This is the scam... do not give your personal information or any financial information. These scammers will clear out your accounts and send the money to untraceable accounts before you can cancel the card.

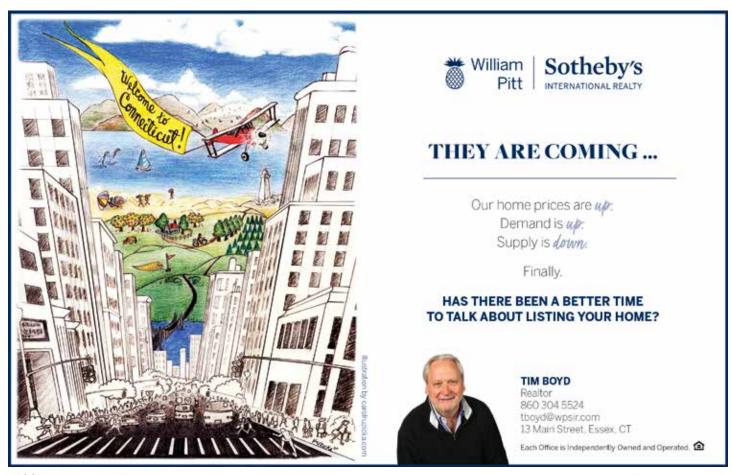
### **IRS SCAM**

This time of year, IRS scammers are looking to steal your money. Thousands receive letters, phone calls and emails indicating that they owe back taxes and will be penalized, both criminally and

financially, if they do not pay the amount due immediately. The written correspondence appears legitimate with IRS letterhead formatting and personal information. The phone calls are equally convincing and very intimidating. The truth is, the IRS will not call, email or send a letter of that nature in a not certified fashion. The IRS will want to know if you have received a letter and document the contact via certified return/receipt letter. If you receive some type of correspondence from the IRS or a call from someone claiming to be the IRS, contact the IRS directly via the online listed number, not the number listed in the letter, email or phone call. Do not give out your personal information. If they are calling you, they will have it. Tell them you will call them back on the number listed for the IRS online or in the phone book. Often times, the caller will hang up as they have realized that you have been educated on the scam and will not be a willing victim at that point.

Taking the extra step to determine if the IRS contact is legitimate will save you, possibly thousands of dollars, down the road. The IRS website has a list of known common scams associated with their agency. What you should know, is that this scam list is evolving almost daily as scammers out there seek to relieve you of your money in new ways. For more information go to IRS.gov or call the New Haven office at: 203-492-8609.

continued on page 36



# Scams... continued from page 35

### **COMPUTER SCAMS**

Have you received the call from "Microsoft" claiming something is wrong with your computer and they need access to it to fix the "bug." It's a scam. Microsoft will not call you to fix anything. The caller is attempting to gain access to your computer for one of two things. Either they are accessing your computer to take information from your hard drive or they are downloading a "keystroke virus" that will document your login and password information for banks, email, or other sites that contain personal financial information. They will use this information to steal your identity and wreak havoc on your credit.

Have you ever heard of "click bait?" The scammers are hoping you haven't and are fishing for victims with links they send in emails or videos on social media. Click bait is something as simple as an article with an interesting title that you 'click' your computer mouse on to view. While you are viewing the link, the virus is spreading throughout your computer. The viruses vary. Some just steal your email contact lists or social media contact lists. Others access personal information and search for usernames and passwords for online banking, insurance and tax sites. Don't fall victim to this scam. If you don't know who sent the email, if the email looks suspicious from someone you do know or if the article or video is not from a trusted source, DON'T OPEN IT. Just delete it

or skip over it on social media. Make sure your anti-virus software is up to date on your computer and if you think your computer may have been accessed, disconnect it from the internet and bring it to a computer expert to make sure it is not infected.

### Have you ever typed in the wrong website into your browser?

For instance, googlle.com instead of google.com. Hackers are counting on you to misspell websites and then will send you an alert that you have a virus on your computer. The alert looks official, like it was sent from Microsoft or Apple. However, the virus alert is false and the scammers are trying to get you to click on the link they provide or call the number they provide to get access to your computer. If you see this happen, close your browser and disconnect it from the internet. Clear your browser history, clear the cache and cookies. Reboot the computer and you should be fine. Make sure you have up to date virus protection on your computer. There is no definitive way to protect from all viruses and scams but the most important tool for computer safety is educating yourself on the scams and viruses out there. These criminals are lurking out there and waiting for someone to fall into their trap. See the Federal Trade Commission's website for further information on scams and computer crimes: http://www.consumer.ftc. gov/. To report these types of crimes go to: http://www.ic3.gov to make sure the complaints are tracked and investigated.



# **Fall Home Projects To Boost Your Comfort**

# and Energy Efficiency By: Enoch Lenge

Fall is a great time to tackle those home improvement projects that have been put off because of the summer heat. In addition to landscaping, gutter cleaning, power washing, and deck repair, here are some home improvement projects to add to your list to boost your comfort while helping save you money and energy this winter:

- Upgrade Your Lighting Did you know that the average household dedicates about 5% of its energy budget to lighting? Now that it's getting darker earlier and your lights are on longer, consider switching your current light bulbs with LEDs. According to Energy.gov, ENERGY STAR-certified residential LEDs use at least 75% less energy and last up to 25 times longer than incandescent lighting.
- Insulate Doors and Windows Air sealing, especially in an old, drafty house, can save homeowners more than 20% on their heating and cooling costs. Installing weatherstripping around your doors and windows is an easy and low-cost way to improve your home's energy efficiency and keep the cold winter wind at bay.
- Check Your Attic for Air Leaks An unfinished, poorly insulated attic is another common area where homeowners experience significant heat loss. Adding insulation to the attic floor and sealing any air leaks can help stabilize the temperature inside your home, prevent ice dams, and save on energy costs.
- Maintain Your Heating and Cooling Systems Be sure to add scheduling a preventative tune-up with your local

Before researching various contractors or DIY-ing these improvements, take advantage of the limited time only, no-cost Home Energy Solutions<sup>sm</sup> program offered energy-saving improvements, and up by Eversource. To get started, you can to 100% off of eligible insulation projschedule an appointment with an Eversource-authorized energy expert to evaluate your home's energy efficiency needs. During in-person visits, energy experts, window rebate. while following COVID-19 safety require-

source is offering a \$100 rebate per window for each window replaced with an ENERGY STAR-certified triple-pane

To help make these improvements more affordable, program participants can take advantage of 0% financing on approved ects. Eversource has you covered with a wide range of energy-saving rebates and discounts, including a new triple-pane

From now through December 31, Everwindow.

- HVAC company to your list to keep that system running efficiently and preserving air flow. A clean system that is free of dirt and debris will run more efficiently and preserve airflow.
- Install Programmable Thermostats You can save as much as 10% a year on heating and cooling by simply turning your thermostat back 7°-10°F for 8 hours a day from its typical setting. Programmable thermostats allow you to easily set your home's temperature in advance to avoid coming home to a freezing house. A smart thermostat takes that a step further by allowing you to set your temperature from your smart phone or tablet. Some even learn your habits and adjust accordingly - saving you even more.
- Window Replacement While this may not be at the top of your list, replacing old windows, especially with high performance ones like triple-pane windows, can improve a home's energy efficiency and overall comfort.

Whether you're looking to improve the comfort of your home, save on your energy bill, or help save the environment, Eversource has several budget-friendly solutions to help you get started. To schedule your energy assessment, call 1-877-WISE-USE (877-947-3873), or visit Eversource. com to learn more about Eversource's residential offerings and additional ways to save.

Enoch Lenge is Eversource's energy efficiency spokesman and provides energy saving tips on the company's blog.

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ments, will also conduct important safety

tests and install weatherization measures

and energy-saving improvements, such as

air sealing, LED lighting, and advanced

power strips.

Many fondly remember going to Raybestos Memorial field in Stratford, CT. Amid chants of "Joanie, Joanie," the softball phenom mowed down the competition. Joan Joyce dominated women's fast pitch softball for decades - beginning her amateur career at age 13 with the Raybestos Brakettes. The Waterbury, CT native excelled at every sport she tried - a true competitor, a lifelong coach/mentor. Joyce combines an unbridled, remarkable talent with a matter of fact, humble personality. While she readily speaks about her success, there is no bragging.

Many consider her as "The Greatest Woman Athlete of All Time." Her jaw-dropping achievements/honors take pages to list, including 20 Hall of Fame inductions, Connecticut Athlete of the Year (selected by the Connecticut Sports Writers Alliance), and a softball field renamed Joan Joyce Field (a part of Municipal Stadium in Waterbury).



Women's softball coach at Florida Atlantic University.

### A LIFETIME OF ASTOUNDING **ACHIEVEMENTS**

Jovce's softball career covered 1954-1963 and 1967-1975 with the Brakettes and 1964-1966 with the Orange Lionettes. The slingshot pitcher notched 150 no-hitters and 50 perfect games with a lifetime earned run average of 0.09. An outstanding hitter, her career batting average is .327. In 1974, her Brakettes were the first American team to win the World Championships.

She co-founded the International Women's Professional Softball Association, being the star player for

and part-owner of the Connecticut Falcons. The Falcons won every championship of the IWPSA's existence (1976-1979).

She is a four-time Women's Basketball Association All-American and three time AAU Basketball All-American. She played on the USA Women's National Team in 1964 and 1965, setting a national tournament basketball single-game scoring record (67 points) in 1964.

She formed the Connecticut Clippers volleyball team in 1968, and competed as a player/coach. She was named to the All-East United States Volleyball Association Regional Team. Taking up golf at age 35, she spent 19 years on the LPGA tour (1977-1995). She still holds the LPGA and PGA record of just 17 putts in one round of golf.

Now 80, Joyce is the women's softball coach at Florida Atlantic University. Starting the program from scratch in 1994, she has amassed 12 Conference Championships, participated in 11 NCCA Tournaments, and won 8 Coach-of-the Year Awards.

### THE SECRET TO SUCCESS?

"I don't know," she says. "The only thing I can say about me is that I am very competitive. . . . I will beat you at just about everything. If you beat me, I'd shake hands. But I'd say to myself, you are not going to beat me a second time."



Joan with her biggest fan - Dad (Joe Joyce).

Her mother worked days. She, her father (above) and brother played sports all the time. "We would end up going to my father's softball games," she recalls. "We had no gloves. We'd run around everywhere while my father was playing. When they came in from the field, they'd put the gloves under the bench. We'd take them and start catching. When they went back in the field, they'd have to come and get the gloves back from us." When her father played basketball, she and her brother would wait for the halftime buzzer and then fly onto the court to play.

### SPECIAL MOMENTS - JOYCE SHARED A FEW



Striking Out Ted Williams/Hank **Aaron.** She calls striking out Ted Williams (left) and Hank Aaron her favorite moments. "It's the easiest thing I've ever done in my life." she relates. "They had no chance against a softball pitcher just because of the distance." She faced Williams as part

of fundraisers in 1961 and 1966; Aaron in 1978 in a West Hartford exhibition. There were no radar guns then. A doctorate study from USC determined her pitching speed to be the equivalent of 119 mph in baseball.

### Invited to China by the All-China Sports Federation (1979).

"It was the first team ever invited to China," she recalls of the Connecticut Falcons. "When we played our last game sixty thousand people came to the game. I was looking out and it was like a flood of people just coming and coming and coming. And I'm thinking, 'Oh, my God!" The American team won all six games. In the final game, Joyce pitched a no-hitter to beat the Chinese all-star team.



## Softball World Championships (1974).

Joyce pitched a no hitter against Australia. "Only one walk. And we picked her off," notes Joyce. "It would have been a perfect game." She also stymied Japan, giving up only two hits. No team wore helmets then. Japan showed up wearing them. Was it to distract her or out of fear of her? "It didn't work," she laughs. "You did not want to get me focused or to get my attention. Stare at me? Give me looks? I would say to myself,

keep doing that 'cause you're never going to beat me. I just didn't like to lose."

Photo of Joan pitching (left) and photo of Joan with Ted Williams (above left) courtesy of Joan Chandler.



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Shane F. O'Brien | First Vice President / Wealth Management, Financial Advisor 860.245.2088 | sobrien@janney.com





Mystic Harbor Group at Janney Montgomery Scott LLC

60 Willow Street, Suite 101, Mystic, CT 06355 | www.MysticHarborGroup.com

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